

GET THE FACTS AND COMMUNITY SERVICE HOURS (FROM YOUR COUCH!)

Life throws a lot at you. The Facts. Your Future. helps you cut through the noise and learn what actually matters.

Join us for a **VIRTUAL** course to learn how to:

- Spot the *real facts* about substances and how they affect you
- Handle stress and anxiety without losing focus
- Build confidence, relationships, and goals that last



THIS ISN'T ANOTHER LECTURE.

It's short, interactive, and actually worth your time.

- ✓ Get real facts about substances
- ✓ Learn ways to handle stress
- ✓ Build confidence for everyday choices

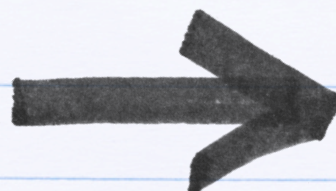


MAY 14, 2026



6:30-8:30 PM

REGISTER NOW!



You'll walk away with real skills and a few "wish I'd known this sooner" moments.