



SNAP-Ed Nutrition Education  
Class: "The My Plate"

What you'll learn:

- What you'll learn:
- The Five Food Groups
- Importance of eating healthy
- Know what a Healthy Plate looks like

Class information

Date: 07/10/2025

Time: 12:00 pm - 1:00 pm

Location: Florida Department of Health in  
Volusia County

Conference Room 516 C

1845 Holsonback Drive

Daytona Beach