Sexually Transmitted Diseases: Summary of 2015 CDC Treatment Guidelines

These summary guidelines reflect the 2015 CDC Guidelines for the Treatment of Sexually Transmitted Diseases. They are intended as a source of clinical guidance. An important component of STD treatment is partner management. Providers can arrange for the evaluation and treatment of sex partners either directly or with assistance from state and local health departments. Complete clinical guidelines can be ordered online at www.cdc.gov/std/treatment or by calling 1 (800) CDC-INFO (1-800-232-4636).

DISEASE
Bacterial Vaginosis
Chlamydial Infections
Pregnancy
Epididymitis
Genital Herpes Simplex
Genital Warts
Gonococcal Infections
Pharyngitis
Nongonococcal Urethritis
Lymphogranuloma Venereum
Pelvic Inflammatory Disease
Scabies
Syphilis
Trichomoniasis

**Recommended Rx**
- Doxycycline 100 mg orally twice a day for 7 days.
- Ceftriaxone 2 g IM in a single dose.
- Tinidazole 2 g orally in a single dose.
- Metronidazole gel 0.75% 1 OR One 5 g applicator intravaginally 1x/day for 5 days.
- Cefoxitin PLUS 2 g IM in a single dose.

**Alternative Regimens**
- Famciclovir 1200 mg orally 2x/day for 7 days.
- Valacyclovir 1000 mg orally 1x/day for 5 days.
- Valacyclovir 1000 mg orally 2x/day for 7 days.

**Treatments for Recurrent Infections**
- Acyclovir OR 800 mg orally 2x/day for 5 days.
- Famciclovir 1200 mg orally 2x/day for 7 days.
- Valacyclovir 1000 mg orally 1x/day for 5 days.

**Preexposure Prophylaxis**
- PrEP is recommended for people at high risk for HIV infection.
- PrEP may be used for people who are at high risk for HIV infection due to sexual or injection drug use.

**Provider-Administered Treatments**
- For gonorrhea, chlamydia, and syphilis, test before treatment and test 3-6 months after treatment.
- For HIV, test before treatment and test at least annually.

**Partner Management**
- Providers can arrange for the evaluation and treatment of sex partners either directly or with assistance from state and local health departments.
- Complete clinical guidelines can be ordered online at www.cdc.gov/std/treatment or by calling 1 (800) CDC-INFO (1-800-232-4636).

**Safety Information**
- Patients should be advised to use condoms during and after treatment to prevent transmission of other STDs.
- Patients should be advised to inform their sex partners of their diagnosis and to encourage them to seek medical care.
- Patients should be advised to avoid sexual activity during the first 48 hours after treatment of gonorrhea.
- Patients should be advised to avoid sexual activity during the first 24 hours after treatment of syphilis.
- Patients should be advised to avoid sexual activity during the first 48 hours after treatment of trichomoniasis.
- Patients should be advised to consider antiretroviral therapy for HIV infection.