



Tobacco Free Times

The Voice of the Tobacco Free Florida - Volusia County Partnership

Promoting healthy lifestyles through tobacco free living.

January 2015

SWAT Students Working Against Tobacco

SWAT clubs get out and gear up for community events & fun!



SWAT clubs are growing all over Volusia. The kids at **Campbell Middle School** (pictured above), in Daytona Beach, showed off their banner and shirts as they took time out to pose during a SWAT activity under the watchful eye of SWAT Advisor, **Yvonne Cook-Scott**.



Two members of the SWAT Club at **Southwestern Middle School** in DeLand (pictured above with SWAT Advisor **Michelle Baldwin-Moore**) held up their banner for a photo as they were getting ready for their recruitment activity.

January is Quit Month

January has been named "Quit Month" and it's a great time to make that New Year's resolution and quit smoking.

3 EASY & FREE WAYS TO QUIT



Talk to a Quit Coach® who can help you quit tobacco.

1-877-U-CAN-NOW

1-877-822-6669



Online help quitting tobacco is only a few clicks away.

www.quitnow.net/florida



Looking for local face-to-face help? Find classes near you.

www.ahectobacco.com

Partner Highlight

Volusia County Sheriff's Office

The Partnership celebrates the activities and accomplishments of all the Partners. This month we recognize the **Volusia County Sheriff's Office** (VCSO) for their important part in tobacco prevention and educating youth about the dangers of tobacco and nicotine. When the law went into effect on July 1, 2014 making nicotine dispensing devices (e-cigarettes) illegal for persons under the age of 18 years, **Lt. Bobby Lambert** of the VCSO and Supervisor of School Resource Officers in Volusia County, started the ball rolling to get a new court order and citation instructions so that officers could begin issuing citations for e-cigarette possession as well as tobacco products. When a minor receives one of these citations, they must attend an approved Anti-Tobacco Education Class, which is held at the Health Department in Daytona Beach. The curriculum has been expanded to include information about e-cigarettes. In next month's issue of the **Tobacco Free Times** we will continue this story and highlight who's involved in the next step in the citation and education process.

Partnership to address youth substance abuse in Volusia

The Partnership will host a presentation on "Youth Substance Abuse Prevention Initiatives" at the January meeting. **Michele Ladas**, Youth Outreach Coordinator for **One Voice for Volusia** (OVFV) will discuss the 2014 Florida Youth Substance Abuse Survey and what it means for Volusia County. Ms. Ladas will also address Substance Abuse Prevention Initiatives being implemented by OVFV. The meeting will be held on January 26, 2014 at 4:00 PM at the Florida Department of Health in Volusia County (address below).

The January presentation is part of the Partnership's plan to include an educational component at each of its monthly meetings. "We feel it strengthens our knowledge base and helps us to be more effective in our mission to reduce tobacco use in Volusia County, especially among our youth," said Partnership Vice Chair, **Maria Long**. At the December 2014 meeting the Partnership received a training on how tobacco marketing targets youth and young adults.

The January 26th meeting will also include discussion on holding a future meeting at a different location, possibly West Volusia.

Join Us!

Please join us for our next Tobacco Free Florida – Volusia County Partnership meeting on **Monday, Jan. 26, 2014** at 4:00 p.m. at the Health Department on 1845 Holsonback Road, Daytona Beach.

We also come to you!

The Partnership wants to bring the Tobacco Free Florida message to everyone in the community. We do presentations for any age group and are happy to participate in employee health fairs and expos. For more information or to be added to the email list, please contact Kristen Mialki at 386-274-0601 or Kristen.Mialki@FLHealth.gov.