



Tobacco Free Times

The Voice of the Tobacco Free Florida - Volusia County Partnership

Promoting healthy lifestyles through tobacco free living.

August 2015

SWAT Students Working Against Tobacco

More schools jumping on board the SWAT train

The recent school year ended with 7 active SWAT clubs and that number has more than doubled for the upcoming year. SWAT Coordinator, **Charles Bethune**, has received confirmation from 15 schools, which is the maximum number that could participate in this fiscal year. Each school will have its own SWAT Advisor who is trained to guide the students through the meetings and activities. This year's SWAT clubs are:

- Basilica School of St. Paul (Daytona Beach)
- Campbell Middle School (Daytona Beach)
- Creekside Middle School (Port Orange)
- Deltona High School (Deltona)
- Holly Hill School (Holly Hill)
- New Smyrna Beach Middle School (N.S.Beach)
- New Smyrna Beach High School (N.S.Beach)
- Ormond Beach Middle School (Ormond Beach)
- Reign Homeschooling Academy (Daytona Bch.)
- Silver Sands Middle School (Port Orange)
- Southwestern Middle School (DeLand)
- Spruce Creek High School (Port Orange)
- Taylor Middle School (Pierson)
- Taylor High School (Pierson)
- Word & Praise Christian Learning Center (D.B.)



Pictured above are SWAT Advisors at the August 7th training: **Kevin Myers, Mikeeta Ephraim, Jana Lanier, Valdrena Yisrael, Corey McCormack, Donna Mounts, Luz Santiago, Jeanne Lovell, Cathy Sherman and Michelle Baldwin-Moore.**

Tobacco Free Campus Policies

The Partnership will take a new look at college/university policies which ban or limit tobacco use on campus. As required in this year's work plan, local tobacco prevention programs and partnerships will be completing assessments and developing campus task forces to address and improve tobacco policies.

Workshop yields ideas for new directions →

The top priorities discussed at the Partnership Consensus Workshop on June 15th were E-Cigarettes, Second-hand Smoke Exposure, and Smoking During Pregnancy (followed by Educating Children, Training for Healthcare Workers, Available Community Resources for Quitting, Community Outreach, Smoke-free Workplaces, and Funding). In response to the need to address Smoking During Pregnancy, Tobacco Program Manager, **Kristen Mialki**, has suggested the "Baby & Me Tobacco Free" Program which has had success in 11 other states. The program was proposed at the July 27th Partnership meeting and may be up and running as soon as September. The program is designed to help pregnant women quit smoking and stay quit after they are referred by their physician, clinic, health department or word of mouth. Incentives are built in to assure that the new mother stays quit after baby is born. The Partnership will look at other concerns at its next meeting on August 24th.



Partner Highlight



School Health Advisory Committee & Volusia County Schools

Entering into the 2014/2015 school year, the Partnership was tasked with getting the one final tobacco policy component added to the school wellness policy. That final component was already in practice but had not been officially included in the policy. Component #9 says, "Tobacco advertising and acceptance of gifts, including curriculum, from tobacco companies is prohibited." Partners on the **School Health Advisory Committee (SHAC)** worked throughout the year to make it official and **Volusia County Schools** has achieved all 12 components of the Model Tobacco Free School Policy¹. The Policy's components include 100% tobacco-free school campuses, prohibition of any tobacco advertising and enforcement measures.² "Over the past year, we have been working to obtain this last policy component. When the Partnership and SHAC asked for my help I was happy to assist," said **Debbie Hinson Fisher**, Coordinator of Student Health Services for Volusia County Schools.

¹ Bureau of Tobacco Prevention Program K-12 Comprehensive Tobacco Free School Policy.

² A detailed list of all 12 components is available. Call Kristen Mialki at 386-274-0601.

Join Us!

The Partnership generally meets on the 4th Monday of each month at 4:00 p.m. at the Health Department at 1845 Holsonback Drive in Daytona Beach. The next meeting will be on August 24, 2015. Please contact us for details.

We also come to you!

The Partnership wants to bring the Tobacco Free Florida message to everyone. We do presentations for all ages and are happy to participate in health fairs and expos. For more information or to be added to the email list, please contact Kristen Mialki at 386-274-0601 or Kristen.Mialki@FLHealth.gov.