# Get vaccinated. Get your smartphone. Get started with v-safe.

## What is v-safe?

*V-safe* is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Through *v-safe*, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you. And *v-safe* will remind you to get your second COVID-19 vaccine dose if you need one.

Your participation in CDC's *v-safe* makes a difference – it helps keep COVID-19 vaccines safe.

#### How can I participate?

Once you get a COVID-19 vaccine, you can enroll in *v-safe* using your smartphone. Participation is voluntary and you can opt out at any time. You will receive text messages from *v-safe* around 2 p.m. local time. To opt out, simply text "STOP" when *v-safe* sends you a text message. You can also start *v-safe* again by texting "START."

### How long do v-safe check-ins last?

During the first week after you get your vaccine, *v-safe* will send you a text message each day to ask how you are doing. Then you will get check-in messages once a week for up to 5 weeks. The questions *v-safe* asks should take less than 5 minutes to answer. If you need a second dose of vaccine, *v-safe* will provide a new 6-week check-in process so you can share your second-dose vaccine experience as well. You'll also receive check-ins 3, 6, and 12 months after your final dose of vaccine.

#### Is my health information safe?

Yes. Your personal information in *v-safe* is protected so that it stays confidential and private.\*



Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second vaccine dose.



Sign up with your smartphone's browser at

vsafe.cdc.gov

OR

Aim your smartphone's camera at this code



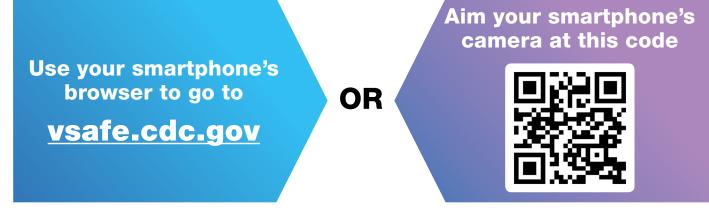
\*To the extent *v-safe* uses existing information systems managed by CDC, FDA, and other federal agencies, the systems employ strict security measures appropriate for the data's level of sensitivity.

## How to register and use v-safe

You will need your smartphone and information about the COVID-19 vaccine you received. This information can be found on your vaccination record card; if you cannot find your card, please contact your healthcare provider.

## Register

1. Go to the *v-safe* website using one of the two options below:



- 2. Read the instructions. Click Get Started.
- 3. Enter your name, mobile number, and other requested information. Click Register.
- You will receive a text message with a verification code on your smartphone. Enter the code in *v-safe* and click Verify.
- 5. At the top of the screen, click Enter vaccine information.
- Select which COVID-19 vaccine you received (found on your vaccination record card; if you cannot find your card, please contact your healthcare provider). Then enter the date you were vaccinated. Click Next.
- 7. Review your vaccine information. If correct, click **Submit**. If not, click **Go Back**.
- 8. Congrats! You're all set! If you complete your registration before 2 p.m. local time, *v-safe* will start your initial health check-in around 2 p.m. that day. If you register after 2 p.m., *v-safe* will start your initial health check-in immediately after you register just follow the instructions. You will receive a reminder text message from v-safe when it's time for the next check-in around 2 p.m. local time. Just click the link in the text message to start the check-in.

## Complete a v-safe health check-in

- 1. When you receive a *v-safe* check-in text message on your smartphone, click the link when ready.
- 2. Follow the instructions to complete the check-in.

### Troubleshooting

# How can I come back and finish a check-in later if I'm interrupted?

 Click the link in the text message reminder to restart and complete your check-in.

# How do I update my vaccine information after my second COVID-19 vaccine dose?

 V-safe will automatically ask you to update your second dose information. Just follow the instructions.

#### Need help with v-safe?

Call 800-CDC-INFO (800-232-4636) TTY 888-232-6348 Open 24 hours, 7 days a week Visit www.cdc.gov/vsafe

