



# Diabetes Education & Healthy Cooking

Tuesday, November 10

5:30 pm–7:30 pm

## November is Diabetes Awareness Month.

If you or a loved one has diabetes, we encourage you to attend this **FREE** Diabetes Health Fair at Bert Fish Medical Center.

*Coordinated by Patty Palmer, RN, Diabetic Education Coordinator.*

5:30 pm - 6:15 pm *Cooking Demonstration*

6:30 pm *“Diabetes and Eye Health”*  
*presented by Ophthalmologist Dr. Robert Routh*

7:00 pm *“Diabetes and Foot Health”*  
*presented by Podiatrist Dr. Fred Lecheler.*

*Due to limited seating, please RSVP to 386-424-6550.*

**BERT FISH**  
**MEDICAL CENTER**

*Always Here to Care for You*

401 Palmetto Street, New Smyrna Beach, FL  
[www.BertFish.com](http://www.BertFish.com)